

PREPARATION INSTRUCTIONS FOR FLEXIBLE SIGMOIDOSCOPY

In preparation for your exam, you will need to purchase 2 Fleets enemas from your local pharmacy. These are non-prescription, you may find them in the laxative section. These will cleanse the lower portion of the bowel in preparation for your exam. Follow the instructions on the box and call us with any questions at (630)-325-4255.

If you are receiving IV sedation for your exam, you may not eat or drink after midnight the night before the exam. You will need a ride home and spend the day resting at home. **You may NOT TAKE A TAXI/UBER/LYFT home.**

If you are not receiving sedation, you may have a light breakfast, if your exam is in the late morning. If your exam is earlier in the morning, you may not have any food, but can have liquids. Do not eat or drink after doing the Fleets enemas. You may continue normal activities after the procedure.

TWO HOURS BEFORE THE EXAM:

1. Remove the cap. Use the first Fleets enema rectally. Hold for 5 minutes and eliminate in the toilet.
2. Fifteen minutes later, repeat the above directions for the second enema.

CHARGES:

You will receive one charge from the physician performing your examination at Digestive Disease Associates. If you have biopsies, you will receive a bill from the facility that prepares the specimen and from the pathologist. There may also be a charge from Mobile Anesthesia for the use of Propofol (if the procedure is performed at our office). Our office will work with you to send the appropriate bills to your insurance agencies.

It is your responsibility to be sure that your health coverage will pay for the procedure. If you do not provide our office with your insurance information at least one week prior to your procedure, you are responsible for obtaining necessary authorizations, precertifications and referral numbers prior to the examination.

You may be billed for charges that are disallowed by your insurance company.